

“If you belonged to the world, it would love you as its own. As it is, you do not belong to the world, but I have chosen you out of the world...” – John 15:19

# SPIRITSPA CAR WASH!

By Joshua & Janet Angela Mills

In the SpiritSpa Car Wash we compare your spirit, soul and body to a car. Many times after a “day in the world” we find that we must be cleaned from any ungodly influences in our life.

There are two ways to “go through” the **SpiritSpa Car Wash**:

**1.** You can go through the steps in this SpiritSpa Car Wash alone during times of prayer. Meditate upon the scriptures and allow the Holy Spirit to do His work within you.

**OR**

**2.** You can do this SpiritSpa Car Wash as a prayer group activity. Gather a group of 14 people together divided into 7 couples. Line them up, side by side, as a tunnel facing each other. Assign one of the seven stages to each couple. Each one will be responsible to pray the specific purpose and designated scriptures over you as you “go through” the SpiritSpa Car Wash.

You can do the SpiritSpa Car Wash as often as you like – but it is best to do on a daily basis along with your bible devotions. It is best to do each morning when you first wake up, and again at night before you go to bed. This will keep your car smelling clean and SPARKLING with the glory!

## THE 7 STAGES OF A SPIRITSPA CAR WASH

- 1. WATER RINSE**  
Ephesians 5:26; Hebrews 10:22
- 2. SHAMPOO**  
Jeremiah 2:22; Psalm 51:10; Hebrews 10:19,22
- 3. RUST INHIBITOR**  
Isaiah 52:7; 2 Corinthians 10:5
- 4. POLISH**  
Psalm 91
- 5. POWER BLOWERS**  
Ezekiel 37:9; Job 33:4; John 3:8; John 20:22
- 6. ARMOR ALL**  
Ephesians 6:10-18; Romans 13:12
- 7. SHAMMY SHINE**  
Isaiah 60:1; Psalm 104:15; Ephesians 5:8-10

# SPIRITSPA CAR WASH!

## Detailed Description Of All 7 STAGES with Scriptures:

**1. WATER RINSE** - This is applied before your car is washed, to cool the car and protect the car's paint work. In the SpiritSpa Car Wash this represents being washed by the water of the Word. God's Word releases refreshing and a basis to receive the work of the Holy Spirit.

*"... Christ loved the church and gave himself up for her to make her holy, cleansing her by the washing with water through the word"*  
 – Ephesians 5:25-26

**2. SHAMPOO** - Occurring during the first cycle of the brush, the shampoo acts as a strong detergent that penetrates and removes even the most stubborn dirt. In this stage of the SpiritSpa Car Wash, we pray against any hindrances, temptations, addictions, and ungodly covenants. We break off demonic influences and release the cleansing power of God's Spirit.

*"Although you wash yourself with soda and use an abundance of soap, the stain of your guilt is still before me," declares the Sovereign Lord.*  
 – Jeremiah 2:22

*"Let us draw near to God with a sincere heart in full assurance of faith, having our hearts sprinkled to cleanse us from a guilty conscience and having our bodies washed with pure water."* – Hebrews 10:22

**3. RUST INHIBITOR** - This is applied to the bottom of the car to wash and protect under the chasis and the bottom part of the car from rust. In the spiritual car wash we pray against any attack of the enemy that would try to slip into our lives. We resist the temptations and wiles of the devil.

*"We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ."* – 2 Corinthians 10:5

**4. POLISH** - This helps prevent dirt from clinging to your car's surface, revitalising your car's paint work. During this part of the SpiritSpa Car Wash process, we declare the protection of God over your life. You are covered under God's protective wings of safety.

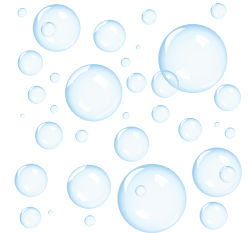
*"I will say of the Lord, "He is my refuge and my fortress, my God, in whom I trust." Surely he will save you from the fowler's snare and from the deadly pestilence. He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart."* – Psalm 91:2-4

**5. POWER BLOWERS** – These blowers blow air from all sides to prepare the car for the final stages of the car wash. In this step, we release the wind of the Holy Spirit to blow dunamis power, life and fullness into each person.

*"And with that he breathed on them and said, "Receive the Holy Spirit."*  
 – John 20:22

**6. ARMOR ALL** – This is specifically designed to clean, shine, and protect most interior and exterior automobile surfaces. In the SpiritSpa Car Wash this step declares putting on the full Armor Of God. This includes:

- The Belt Of Truth
- Breastplate Of Righteousness
- Shoes Of Peace
- Shield Of Faith
- Helmet Of Salvation
- Sword Of The Spirit



*"Finally, be strong in the Lord and in his mighty power. Put on the full armor of God so that you can take your stand against the devil's schemes."* – Ephesians 6:10-11

**7. SHAMMY SHINE** - Shammys rotate on the car to shine and remove the last drop of water on the car, so that the car exits the car wash tunnel ready to go! In the SpiritSpa Car Wash this process decrees and releases the glory realm. At this point each person is launched into the destiny that God has called them for.

*"Arise, shine, for your light has come, and the glory of the Lord rises upon you."* – Isaiah 60:1

## RECOMMENDED RESOURCES



SpiritSpa



SpiritSpa 2

Instrumental Piano CD's

*"This CD is an ultra soothing experience in the presence of the Father. If you want to relax with God, get this CD and let the sounds wash over you in His presence of peace."*

**T. Gaston**, Austin, TX

*"...I love having SpiritSpa in my cd player and on my ipod. I can listen and work for hours at a time and never get tired of listening to Joshua play the piano. He does an amazing job of creating an atmosphere of worship and serenity... SpiritSpa is perfect to have on in the background, while you are reading, praying or working. I fully recommend SpiritSpa for every massage therapist as well as anyone else who is looking for music to aid in relaxation."*

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Order online or by calling toll-free: 1-866-60-NEW-WINE

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